

Quick Tips about your Teachers' Pension Plan (TPP)



Keep your personal information up-to-date!

Please notify your employer of any changes to the following information:

- Your name
- Your mailing address and phone number

Please notify us of any changes to the following information:

- Your spousal or common-law relationship
- The name and date of birth of your spouse or common-law partner



Stay informed

To help keep you informed about your TPP, we offer:

- Knowledgeable staff to answer your pension questions
- Semi-annual newsletters
- An Annual Report
- Quarterly Investment Reports



Follow us on twitter at:

@yourNSTPP

Our Twitter account is updated weekly with the latest TPP news and information.



You contribute to your Plan

Contributions are deducted from your pay each payday by your employer. Your employer also pays an amount equal to your contributions to the Plan.



Your Member Statement

Contains important details about your TPP, including:

- Projected retirement dates
- Spousal and beneficiary information

Your Member Statement is mailed to your home address annually each spring.



Purchasing prior service

During your career, you may have periods of time when you did not contribute to the TPP, such as approved leaves. If so, you may have gaps in your pensionable service which can impact your pension and retirement date.

Members may be permitted to buy back service with a current or previous TPP employer to increase their pension amount and/or to retire sooner.



Pension benefits are available for your loved ones in the event of your death.

In the event of your death, your surviving spouse, eligible children and/or dependants automatically receive a survivor benefit.

If you do not have a surviving spouse, eligible children, or a dependant, you may wish to designate a beneficiary.



You can view your information online at: <https://nspensions.hroffice.com>

Use the secure My Retirement Plan website at any stage throughout your career to:

- Obtain an estimate of how much your pension could be
- View your personal information
- View helpful retirement and financial planning resources
- View your annual Member Statement

Visit www.nstpp.ca

www.nstpp.ca is a great way to learn more about how your pension works and about how it is performing.



Transferring from another pension plan?

The TPP has transfer agreements with other provincial pension plans. These agreements may permit a member to transfer service and eligible funds from one plan to another.



Planning to Retire

One of the most important things to remember about your pension is that you must apply for it. Contact us at least three months prior to the date you wish to retire and request a retirement package.

For more information, visit: www.nstpp.ca